EXPLORING THE SHORT-TERM EFFECTS OF PM₁₀ EXPOSURE ON NATURAL MORTALITY: A GPS-BASED MATCHING APPROACH IN THREE EUROPEAN CITIES

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Introduction

Since the year 2000, several epidemiological studies have examined the short-term impact of air pollution on health, understanding the causal relationship between exposure and response. The potential outcome (PO) approach to causal inference promotes a conceptual framework based on causes and consequences within a formal mathematical framework [1,2]. Although it has gained popularity in various fields, it is relatively novel in studies focusing on evaluating the effects and impacts of air pollution on health. Within a PO approach to causal inference, the propensity score (PS) has been introduced for confounding adjustment in observational studies with binary exposure [3]. A few years later, Hirano and Imbens made further advancements by extending the generalized PS (GPS) to the context of continuous exposure [4]. Subsequently, several studies in the literature have employed methods based on GPS for covariates adjustment, requiring the parametric or semi-parametric specification of a model for treatment and a model for the outcome [5,6]. Recently, Wu and colleagues proposed a GPS matching approach that, under a local ignorability assumption, jointly matches on both the estimated scalar GPS and exposure levels to adjust for confounding bias [7]. They estimated the exposure-response function that characterizes the long-term impact of the exposure to particulate matter with a diameter less than or equal to 2.5 µm (PM_{2.5}) on natural mortality in a large observational cohort in the United Stated (2000-2016).

Aims

In this study, we use the GPS-based matching method [7], to estimate the average causal dose-response function (aDRF) describing the short-term effect of the exposure to PM with a diameter less than or equal to $10 \ \mu m (PM_{10})$ on natural mortality, across three European cities.

Methods

Data

This study examined the impact of short-term exposure to PM₁₀ on natural mortality in three European cities: Milan (Italy), Skopje (North Macedonia), and Donostia - San Sebastián (Spain). For Milan, we obtained daily time series data of PM₁₀ levels, temperature, and humidity from the Regional Environmental Protection Agency and daily mortality data from the Regional Mortality Register, for the years 2003-2006. For Skopje, our data covers the ten districts within the municipality of Skopje, excluding Sopište, which is physically segregated from the Skopje agglomeration. For the period 2007-2011, daily PM₁₀ concentrations were obtained from the Ministry of the Environment and daily mortality data for all causes were collected from the Institute of Public Health. Regarding Donostia-San Sebastián, we obtained the mortality data from administrative registers (Biodonostia Institute) for the period 2010-2015. Environmetal time series have been collected from the monitoring stations for air quality control located in the city area.

Methods

Let i = 1, ..., N be the indicator of the day, also referred to as the unit. Let $Z_i \in \mathcal{Z}$ be the exposure level in day i, defined as the average level of PM₁₀ in the current day i and in the previous one i - 1 (lag 0-1 exposure), and let $Y_i \in \mathcal{Y}$ be the number of natural deaths in day i. Finally, let $X_i \in \mathcal{X}$ be a vector of Kcovariates for day i, which includes meteorological variables, terms, holidays, and influenza epidemics indicators. Under the Stable Unit Treatment Value Assumption (SUTVA) [2,6], we denote by $Y_i(z)$ the potential number of deaths in day *i* if *z* were the exposure level in that day. For each day, a collection of POs is defined, one for each possible level of exposure *z*, but we only observe the one corresponding to the actual exposure of that day, Z_i , being $Y_i(Z_i) = Y_i$.

To extrapolate information on the unobserved POs across days with similar covariates, we first defined a parametric log-normal model for the exposure Z_i , including different regressors for each city, and we estimated the GPS, according to [4], for each day *i*. The GPS was evaluated at the level of the observed exposure Z_i and for various hypothetical values *z* that the pollutant could potentially take. In this study, we define a predetermined set of exposure levels *z*, which represent the median points of *L* quantile-based bins. Under an assumption of weak local unconfoundedness, meaning that within a range of exposure levels the assignment of the exposure value is random given the covariates, we imputed the missing POs, for each exposure level *z* and for each unit *i'*, finding a matched observed unit *i* such that: (a) unit *i* had observed exposure Z_i that belonged to the bin of *z*; and (b) unit *i* was the nearest neighbor of the unit *i'* with respect to a two-dimensional Manhattan L1 distance on the exposure level and the estimated GPS, on a standardized scale. Then, on the entire matched set of POs, we constructed the smoothed aDRF, using a flexible regression spline. The 90% confidence intervals of the aDRF were estimated with a bootstrap method [4] repeated 100 times.

Results

In Fig. 1 we report the estimated aDRF for natural mortality, which describes how the average number of deaths in the city changes according to the PM_{10} level at lag 0-1. For all cities the causal relationship between natural mortality and air pollutant level exhibited a certain non-linearity and, although in different ranges of PM_{10} , an increasing pattern. This is in line with previous literature.



Figure 1. Average dose-response function (90% pointwise confidence band) of the causal relationship between PM₁₀ exposure at lag 0-1 and average daily mortality from natural causes in Milan (A), Skopje (B), and Donostia – San Sebastián (C).

Conclusions

This multi-city analysis broadens our perspective on the impact of PM_{10} on mortality, by adopting a GPSbased matching method to obtain the average dose-response function describing the short-term effect of airborne particles on mortality. This approach can be easily extended to other environmental epidemiology contexts.

Bibliography

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